



Chrysalis

CENTER FOR COUNSELING AND
EATING DISORDER TREATMENT

Healing Words

A Therapeutic Writing Group



Call for more information or to schedule
your group screening
(910) 790-9500

Healing Words

A Therapeutic Writing Group

Facilitated by Emily
Lockamy, MA, LPCA

This 6-week therapeutic writing group will combine the therapeutic effects of specific writing methods with the healing power of connection in a support group.

Emily Lockamy, MA, LPCA

Emily Lockamy is a licensed professional counselor associate who has worked as an individual therapist and support group facilitator in several settings. Her clinical interests include grief and loss, anxiety, life transitions, and low self-esteem. Emily has an extensive writing background with articles on many popular websites, as well as local publications.

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